

TIMES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM	HIIT				HIIT		
10:00AM					PILATES		
1:30PM	PILATES				VINES CLUB FITNESS TIMETABLE CLUB OFFICE OPENING HOURS Monday 9:00AM - 5:00PM Tuesday 9:00AM - 5:00PM Wednesday 9:00AM - 5:00PM Thursday 9:00AM - 5:00PM Friday 9:00AM - 5:00PM Saturday CLOSED Sunday CLOSED CLUB OFFICE: (08) 9297 0701 Book Classes on Miclub		
5:00PM				PILATES			
6:00PM							
6:30PM			YOGA				

